

A Journey to the Land of Transformation: the Mountains, Jungles, Kogi, & Caribbean Coast of Colombia

**Shapeshifting Ourselves and the World
With John Perkins and Daniel Koupermann
December 3rd - 11th, 2021**

The adventure of a lifetime!

You are invited to pioneer something that is truly amazing – to join John Perkins and his Ecuadorian partner Daniel Koupermann in a ground-breaking trip that builds a bridge between cultures in magical ways that have never happened before.

The Kogi of the Sierra Nevada mountains were so deeply impressed by the participants on the December 2015, 2016, 2017, and 2018 trips and their dedication to supporting “changing the dream of the industrial world” that they have asked us to take this relationship to new heights. They’ve invited the 2019 group to spend more time in their communities and to delve deeply into sacred ceremonies that they say have been kept secret from outsiders – until now.

The Kogi refer to themselves as the “Elder Siblings.” They remained isolated after the Spanish Conquest until recently when they understood that life as we know it is being destroyed by us, the “Younger Siblings.” In recent years, they came down from their mysterious mountain villages to teach humanity about how to protect the living being, the “Great Mother,” Earth. After the 2015 - 2018 trips they understood that some of the Younger Siblings are prepared to go much deeper. The 2019 group is a manifestation of their dream for a stronger partnership.

Colombia itself is an exceptional country. Known as the “keystone” to Latin America – the birthplace of ancient traditions and harbinger for hope, it is where

John Perkins learned the lessons of an Economic Hit Man in the 1970s. Today it is leading the way to healing the wounds that cause environmental devastation, economic and social upheaval, and terrorism.

Join John, *NY Times* bestselling author and leading expert on indigenous cultures and shamanism, and Daniel, expedition guide and environmentalist, and Kogi shamans (“Mamos”) and local indigenous teachers on this journey through spectacular forests and mountains, down rivers, into ancient cultures, and along beautiful tropical coasts.

Receive the power and energy of “shapeshifting” approaches; elevate yourself to higher states of consciousness; transform yourself and the world around you.

John and Daniel will take you into the heart of sacred Colombian sites. You will meet, learn, and work with magical shamans and spiritual leaders. You will visit places that in the 1970s were instrumental in shapeshifting John from Economic Hit Man to an Evolutionary Shaman dedicated to transforming the global Death Economy into a Life Economy. You will participate in life-changing ceremonies and enter portals into your own shamanic transformation.

You will meet shamans who kept their traditions intact, often clandestinely, during the Spanish Conquest and more recent years of turmoil in Colombia. Now that balance and peace have been re-established, these powerful teachers join John and Daniel to realize the Prophecy of the Eagle and Condor and to shapeshift crises into a new level of higher consciousness.

This Consciousness Revolution is the greatest revolution in history, and you will be part of it. You will be woven into the tapestry that is creating an environmentally sustainable, socially just, spiritually fulfilling world where all beings can thrive. You will be a pioneer, a participant in this remarkable experience with the Kogi.

Come. Open your heart to the ecstasy. You will experience:

- **Cartagena**, the “fortress city,” a symbol of colonialism and pirate raids that has transformed itself into a portal to magic.

- **Sierra Nevada National Park**, the world's highest coastal range, a UNESCO Biosphere Reserve ranked as one of the most irreplaceable parks in the world for threatened species;

- **Tayrona National Park** where, with nearly 8,000 acres of Caribbean Sea and 30,000 acres of land in the rain forests of the Sierra Nevada mountains, the spirit of the Amazon jungle rises from the sea and serves as a guide to inner peace and a motivator for agents of change.

Many of you have traveled with John and/or Daniel before and know that they and the local teachers who are their friends will capture your attention every step of the way.

This is a trip for those of us who want to learn, share life-changing experiences, experience the connection of deep love with the plants, animals, earth, air, water, and fire, and each other, and transform ourselves and the world we pass on to future generations. If this is you, we invite you to join us on this life-altering journey.

Itinerary: Colombia

With Daniel Koupermann and John Perkins

December 3rd - 11th, 2021

Day 1, Dec 3rd: Arrival in Cartagena, Colombia

You will be met at the airport and transferred to a Hotel Bantú in the old city. If you arrive by late afternoon, you will join the group for dinner.

Cartagena or **Cartagena de Indias** is one of the most beautiful cities of the Americas. With its authentic architecture of the Colonial and Republican times - from the 1600s to the 1800s – the huge fortress of San Felipe, and walled inner city (where we will stay), it has served as the inspiration for numerous books and films about pirates and Spanish America. The city was founded on June

01, 1533. However, settlement in the region around Cartagena Bay by various indigenous groups dates back to 4000 B.C.

During the colonial period, Cartagena served a key role in the administration and expansion of the Spanish empire. It was a center of political and economic activity due to the presence of royalty and wealthy viceroys. In 1984 Cartagena's colonial walled city (11 kilometers long) and fortress were designated a UNESCO World Heritage Site. (For more on the history, please see Footnote 1 below)

The movie "Burn!" (1969) starring Marlon Brando, about a British Economic Hit Man/secret agent in the mid-1800s, was filmed in and around Cartagena. Brando described it as the best film he ever made. Available at Amazon and other on-line services it offers magnificent scenes of the old city. Much of the movie "Romancing the Stone" with Michael Douglas was also filmed here as well as "The Mission" with Robert De Niro.

Day 2, Dec 4th: Full day to explore Cartagena

AM: At the beginning of the day we will gather to introduce ourselves. Then we will start our visit at the San Felipe Fortress which is considered the greatest of all the Spanish fortresses and do a walking tour through the walled city and its old streets, temples, and well-preserved colonial and republican houses. We will also visit some of the historic monuments such as the Inquisition Palace.

PM: Time to explore this magic city on your own or to relax. In the late afternoon we will reconvene for discussions and sharing, to deepen our communal relationship and our knowledge of the world we are about to enter. Dinner will be in a local restaurant of Caribbean cuisine.

For those who enjoy local Salsa and tropical music, we will leave at 10pm for the famous Café Havana in the Getsemani neighborhood.

Day 3, Dec 5th: Cartagena – Santa Marta

From Cartagena we will take our bus north past the Ciénaga Grande de Santa Marta (Spanish for Large Marsh of Saint Martha). It is the largest of the swampy marshes located in Colombia between the Magdalena River and the Sierra Nevada de Santa Marta. It has an area of 4280 km² and belongs to the outer delta system of the Magdalena River. It is separated from the Caribbean Sea by a narrow, sandy spit built in the 1950s, on which is situated coastal route 90 from Barranquilla to Santa Marta. The marsh's large lagoon is connected to the Caribbean Sea via a narrow strait (the La Barra Channel).

Aracataca village is in La Cienega, and it is the setting for Noble-prize winning Author Gabriel Garcia Marquez's book "One Hundred Years of Solitude."

John will lead us in a shapeshifting workshop on a beautiful Caribbean beach at the Estelar Santamar Beach Resort in Santa Marta where we will also have dinner and spend the night.

Day 4, Dec 6th: Santa Marta – the Kogi community of Tayku

We will ride through tropical forests up into the Sierra Nevada Mountains in 4 wheel drive vehicles for approximately 1 hour to the Kogi community of Taiku.

We will have the unique opportunity to learn about the Kogi people, their traditions and their daily way of life. We will all come together to show that there are "Younger Siblings" supporting and working with the "Elder Siblings" to improve the human presence on the planet, something that will also contribute to the well-being of the Kogi.

During our stay we will participate in an Aseguranza ceremony in the Older Siblings tradition and spend time with Kogi teachers and shamans ("Mamos").

This Aseguranza ceremony will grant each of us a blessing and protection against bad energies or negative events related to our physical and emotional

conditions and open us to shapeshifting into positive energies, actions, and events.

In the afternoon, there will be two options. Each person can choose to: 1) take the 4 wheel drive vehicles back through the forests to the main road and then to Taironaka Lodge on the shore of the beautiful Don Diego River; or 2) spend the night in the Kogi village of Tayku, sleeping under mosquito netting on mats with sheets and blankets (provided) and rejoining the others at Taironaka Lodge the next day in time for lunch and tubing on the river. The decision as to which option can be made on Dec 4th.

Daniel and Dream Change (the nonprofit organization founded by John Perkins in the late 1980s) has played a major role in helping the Kogi buy back their ancestral lands. The Kogi are extremely grateful for the support we are giving them – financially and spiritually and in changing the destructive dreams of modern industrial societies.

To the indigenous people, the Sierra Nevada Mountains are the heart of the world. The area is surrounded by an invisible “black-line” that encompasses the sacred sites of their ancestors and demarcates their territory. The Elder Siblings believe it is their responsibility to maintain the balance of the universe. When there are hurricanes, droughts, or famines around the world it is said that they are caused by the failure of humans to keep the world in harmony. Balance is achieved by making offerings to the sacred sites, to give back to the earth – to regenerate – that which is taken out of it.

Kogi spiritual leaders are called Mamos. The Mamo is charged with maintaining the natural order of the world through songs, meditations and ritual offerings. Mamo training begins at a young age and continues for up to 18 years. The young apprentice is taken high into the mountains and taught to meditate on the natural and spirit world. In Western culture, the Mamo could be seen as the priest, shaman, teacher and doctor, all rolled into one.

The Sierra Nevada de Santa Marta National Natural Park

The Park is Colombia's second oldest national park, established in 1964. It is located in the Cordillera Oriental Range, between the departments of La Guajira, Magdalena, and Cesar, in the mountain range of the Sierra Nevada de Santa Marta. A sanctuary, it offers different climates, terrain, flora and fauna environments, ranging from beaches to snowy mountain peaks.

Forty-four of Colombia's endemic species are found in the park (for example seven species of hummingbirds) as well as 44 endangered species. The area is home to 440 species of birds. Mammals found in the park include tapir, cougar, jaguar, otter, and brocket deer. All the waters that originate in the National Park drain into the Caribbean Sea. Roughly 1.2 million people are dependent upon the freshwater supplied by the Sierra Nevada de Santa Marta Rivers. In 1979 the park was designated a Biosphere Reserve by UNESCO. A 2013 report by the International Union for Conservation of Nature identified the park as one of the most irreplaceable environments in the world, a haven for threatened species.

The Indigenous people of the Sierra Nevada de Santa Marta were never truly conquered by the Spaniards. Descendants of an ancient Tairona civilization, the Kogi, Arhuaco, and Wiwa - who number about 45,000 today - fled death and pestilence centuries ago, seeking refuge in a mountain paradise, whose peaks soar to the glaciers more than 18,000 feet above the Caribbean coast. In the wake of the conquest they developed an utterly new dream of the Earth, a revelation that balanced the brilliant potential of the human mind and spirit with all the forces of nature.

To this day the Kogi, Arhuaco, and Wiwa remain true to their ancient laws and traditions—the moral, ecological, and spiritual dictates of a force they identify as the “Mother”—and are still led and inspired by sacred rituals that they will share with us.

The Kogis we will meet are descendants of the Tairona, who were masterful in gold work and architecture. They adapted to the invasion of their lands in their own way. The Kogi shunned outside invasion by fleeing higher up into the Sierra. Although they have remained averse to visits from traditional tourists, they welcome people like us who come to learn and partner with them in shapeshifting consciousness.

The Kogi believe that they have a mystical wisdom and understanding which surpasses that of outsiders whom they refer to as the Younger Siblings. They are committed to teaching the Younger Siblings ways to move from the current destructive ways (the Death Economy) to sustainable ones (the Life Economy).

Day 5, Dec 7th: Taironaka Lodge

The lodge is located on the shore of the Don Diego River, which has crystalline waters. Although they originate in the glaciers of the Sierra Nevada Mountains, by the time the waters reach the lodge they are warm and lovely.

In the morning, those who spent the night in the lodge will have time to explore the pre-Colombian structures of the Tairona people (from 1200 BCE until the arrival of the Spanish in the XVI Century).

During lunch, our two groups will reconnect in a circle to share their experiences.

In the afternoon we will experience the beauty of the Don Diego River, floating slowly (in tubes and kayaks) down the river, surrounded by tropical forests, monkeys, birds, butterflies and other wildlife, until we reach its mouth on the Caribbean Sea. This activity will give us the chance to have close contact and commune directly with nature.

The Don Diego river has been the location for many well-known movies including "The Lost City of Z"

Back to the hotel by boat.

Dinner at the hotel.

The owners of Taironaka Lodge bought this property to build a tropical flower plantation. Once they started the construction they found amazing archeological sites. They requested help from the archeologists who were involved in the studies of the Lost City of the Americas to find out what they had discovered. The result of the study shows that the location was an important Tairona city. The excavations continued and they discovered a series of circular platforms where the Taironas built their houses. Today we can see several of these platforms and let our imagination recreate this ancestral city. (For more on the history, see Footnote 2, below).

Day 6, Dec 8th: Taironaka – Arrecifes - Casa Tayrona

After about a 30 minute drive we will arrive at the main gate of Tayrona National Park.

We will hike through a beautiful trail with dry tropical forest, beaches, and great views. We are likely to see the endemic Cotton-Top Tamarin monkey that is indigenous to the Sierra Nevada, as well as the more common Howler monkeys which we are likely to encounter throughout the trip.

We will end up at a hidden beach where we can swim and relax. Lunch at Arrecifes Restaurant.

After lunch we will visit Arrecifes Kogi community, meeting there a very old and famous Kogi Mamo and sharing with him and his family their stories and his message for us, the Younger Siblings.

Then we will go by horseback (or foot for those who prefer) to the parking area where our van will be waiting to take us to Casa Tayrona.

We will drive to Casa Tayrona, on the beach, at the mouth of the Piedras River in the Caribbean, just 7 minutes from Tayrona National Park.

Casa Tayrona was a private home turned into a lovely inn that will offer the space for us to relax, process the experience and enjoy (www.casatayronalosnaranjos.com).

Day 7, Dec 9th: Casa Tayrona to Tayrona National Park

In the morning: We will share our last ceremony with Kogi Mamos at a sacred site on the beach of our hotel. This site is used for the Kogi in their pilgrimages to do “pagamentos” (offerings/pay back with gratitude). After the ceremony, the Kogi will join us at our hotel for breakfast. Then free time for swimming, journaling, or just relaxing.

In the afternoon: We will do our closing shapeshifting workshop with John.

Day 8, Dec 10th: Casa Tayrona – Santa Marta

We will drive to Santa Marta. This city was the first Spanish settlement in Colombia, its oldest surviving city, and second oldest in South America, founded on July 29, 1525. It is also the city where Simon Bolivar died; he was the general who led the War of Independence from Spain for Venezuela, Colombia, Panama, and Ecuador.

Today Santa Marta is an important port and a favorite beach resort on the Colombian Caribbean coast with a very cozy atmosphere. There will be time to explore, shop, and see this historic landmark.

We will stay at either Placita Vieja or the Marriott Hotel

Closing dinner in one of Santa Marta's superb restaurants.

Day 9, Dec 11th: Santa Marta to International airport

We will transfer to the Santa Marta airport for flights home or your next destination.

Cost per person: \$3,640 per person (double occupancy).

Initial deposit of \$1000 will confirm your space. Second payment of \$1640 is due March 1, 2021. Balance of \$1000 is due April 15, 2021.

Single Supplement (only available some of the nights): **\$990** per person. Every attempt will be made to provide single rooms for those who pay for them but for some nights, including at Taironaka and in the Kogi community, this will probably not be possible and everyone will have to share rooms with other people.

Note: Wifi will not be available in Taironaka or in the Kogi community. The other hotels have it, but it may be slow and intermittent; thus, it is advisable to let people know that you may be offline for extended periods of time. Hot water also will not be available in some locations.

Reservations: All reservations are subject to availability. For information about how to reserve your space and make your deposit for the journey, please contact Linda Leyerle at lleyerle@aol.com.

In Colombia, it is not possible to reserve rooms or park entrance fees without a copy of the traveler's passport. Linda will give you details about how to send a copy to us. Time is of the essence so please respond as soon as possible if you are interested in this journey.

Cost includes: Private tour bus or van for travel during the journey, all meals, hotels, tips for restaurants and hotels, water during meals, transportation from Cartagena airport and to Santa Marta airport, park entrance fees, local guide

and/or spiritual leaders to share history and cultural information.

Cost does NOT include: Airfare to Cartagena Colombia and from Santa Marta, soft drinks and alcoholic beverages, tips for the local guides and private bus driver, personal items, souvenirs.

This journey is for individuals ready to have an educational/experiential experience. Persons with physical or psychiatric challenges may find this journey too difficult or uncomfortable. **We recommend a visit with your doctor at least 6 weeks in advance of departure. No immunizations are required unless you will be entering Colombia from a country with Yellow Fever – in which case you will need a Yellow Fever immunization and be prepared to show proof. You will be at low elevation throughout the journey.**

No visas are required for most people entering Colombia (US, Canadian, EU, Australia and New Zealand citizens). If you have questions about this, please let Linda know. Your passport must be valid at least 6 months after the date of your return (August 28, 2021).

Once you have reserved your space, we will send you more information – packing lists, info about the country, etc. You will be fully prepared for the journey. Also, Linda is always available by email for any questions or concerns – whatever they may be.

Cancellations & Refunds: Due to availability of space on our journey and the time required to process trip reservations, **funds will not be refundable after March 1, 2021.** We highly recommend purchasing travel insurance in order to protect yourself in case extenuating circumstances force you to cancel your trip. Travelex or CSA are two respected possibilities.

Responsibilities: ANDEAN PATHS reserves the right to accept or reject any person as a participant at any time, and to make changes in the itinerary whenever deemed necessary for the comfort, convenience, and safety of our participants, and to cancel a journey at any time. In the event a journey is cancelled,

ANDEAN PATHS shall have no responsibility beyond the refund of monies paid to it by program participants as listed. By registering, the participant agrees that neither ANDEAN PATHS nor their affiliates shall be liable for any damages, loss or expense occasioned by any act or omission by any supplier providing services to any program participant. Reasons that Andean Paths might cancel a program include, but are not limited to, issues around safety due to impassable roads, protests in Colombia, or similar unforeseen events.

John and Daniel are very excited about the opportunity to share this new adventure with you.

1.) Cartagena: A Brief History

At the time of the founding of the city of Cartagena, the area was populated by the Calamarí people. This population was part of a native culture called the Mocanáes; they were believed to be fierce and warlike and it is claimed that the women joined the men in battle.

Within a few years of the Spanish arrival, a walled military fortress was erected to protect the city against the plundering of English, Dutch and French pirates.

Situated on the northern coast of Colombia on a sheltered bay facing the Caribbean Sea, Cartagena boasts the most extensive and one of the most complete systems of military fortifications in South America. Due to the city's strategic location, it is an eminent example of the military architecture of the 16th, 17th, and 18th centuries and was also one of the most important ports in the Caribbean.

The port of Cartagena - together with Havana, Cuba, Portobello, Panama, and San Juan, Puerto Rico - was an essential link in the route to the West Indies and thus an important chapter in the history of world exploration and the great commercial maritime routes. On the narrow streets of the colonial walled city can be found civil, religious and residential monuments of beauty and consequence.

Despite the precautions, the city was attacked many times. One of the earliest came in 1551, by the French pirate Roberto Baal; eight years later another French pirate, Martín Cote arrived in Cartagena demanding a ransom to prevent a total destruction of the city.

The English privateer, Francis Drake, attacked the city in 1572. The ransom for the city was an estimated 107,000 ducats, an unknown amount of gems and jewels, 80 artillery pieces and other assorted goods. Before Drake, in 1568, the English pirate, John Hawkins had attempted for seven days to take the city but left empty handed.

Probably the most serious threat to Cartagena after Drake was Captain Henry Morgan's attack in 1668. Fearing an expected invasion from Jamaica in October 1668 the English Governor Modyford gave Morgan permission to make pre-emptive attacks on Spanish ships and ports. Modyford and Morgan agreed that Cartagena, Spain's biggest and wealthiest harbor, would make an excellent prize and its capture would send a resounding message to Spain.

Unfortunately for the British, while Morgan was anchored at nearby Cow Island, his ship, the Oxford, exploded under mysterious circumstances. The explosion killed between 300 and 900 of Morgan's men. With the loss of the ship and so many men Morgan abandoned the attack. The incident left a stain on his career as a buccaneer.

The Baron of Pointis was finally able to break into the city in 1697. Cartagena's Slaves revolted and helped Pointis breach the city walls.

The last real threat came in 1741. Led by the English Admiral Edward Vernon, it included a vicious attack of more than 350 bombs fired from ships' cannons. After a bloody fight and numerous loses, including ones from diseases, Vernon suspended the attack and left for Jamaica.

Cartagena is famous (or infamous) as being one of only two Spanish colonial cities that possessed a slave market; the other being Vera Cruz, Mexico. The first African slaves, brought by Pedro de Heredia, were forced to open roads so the Spaniards could raid the tombs of Colombia's Sinu culture in search of silver and gold. They also were used for cutting sugar cane and building fortresses.

2) The Tairona

Tairona was the name for a group of chiefdoms in the region of Sierra Nevada de Santa Marta. This culture goes back at least to the 1st century A.D. and had significant demographic growth around the 11th century.

The Tairona people formed one of the two principal linguistic groups of the Chibcha family, the other being the Muisca. Genetic and archaeological evidence shows a relatively dense occupation of the region by at least 200 B.C.

The people cultivated yuca and maize as early as 1200 B.C. However, occupation of the Colombian Caribbean coast by sedentary or semi-sedentary populations has been documented to have occurred as early as 4000 B.C. Before the arrival of the Spanish ships the Tairona flourished along the shores of the Caribbean Sea. They created irrigated fields and fishing villages, and traded with other villages further inland. Ethno historical data shows that initial contact with the Spanish was tolerated by the Tairona but by 1600 part of the Tairona population had moved to the higher stretches of the Sierra Nevada de Santa Marta. This movement allowed them to evade the worst of the Spanish colonial system during the 17th and 18th centuries. The indigenous Kogi, Wiwa, Arhuacos and also the Kancuamo people who live in the area today are believed to be direct descendants of the Tairona.

NOTE: Historical and anthropological information about Colombia, its inhabitants and culture came from the following: *Taironas, Conquistadores y Piratas* by Francisco Ospina Navia, *La Conquista del Los Incas* by John Hemmings, local guides and teachers, and various internet sources, including Wikipedia.